

Packerland July Athletics Proposal Draft

Last Revision: 6-16-20

Communication Process:

June 16 - 23 Vetting principal recommendation with athletic directors and superintendents

June 23 Principal/athletic director/athletic training meeting 10a.m. 12noon.

June 24 Superintendent endorsement

June 24 Communication to coaches, parents, and athletes regarding Phase I.

July 1 Transition to Phase 1

July 15 Communicate changes/additions/ease restriction/etc.

July 30th Communicate changes/additions/ease restriction/etc.

August 3---First organized fall sports assembly allowed

August 15th---Recommendations for parents/family members/attending games

abaier@sevastopol.k12.wi.us; adam.dewitt@oconto.k12.wi.us; rnickel@sturbay.k12.wi.us;
sodinic@peshtigo.k12.wi.us; gmethner@gibraltar.k12.wi.us; mcclellanj@newlhs.com; ncochart@alghs.k12.wi.us;
MBennett@kewaunee.k12.wi.us; sbousley@southerndoor.k12.wi.us; mjholtz21@gmail.com

Phase 1

July 1 – 19, 2020

Pre-workout Screening:

- All coaches and students (should/will) be screened for signs/symptoms of COVID-19 prior to a workout. Screening can include checking for fever, cough, sore throat, shortness of breath, and contact with a person infected with COVID-19. Screening will be done by an athletic trainer or school personnel.
- Any person with positive symptoms reported or observed will not be allowed to observe or take part in workouts and should contact his or her primary care provider or other appropriate health-care professional. Return to play protocol for athletes displaying signs/symptoms of COVID-19 are provided by athletic training services.
- Vulnerable individuals should not oversee, observe, or participate in any workouts during Phase 1.

Limitations on Gatherings:

- Workouts shall be conducted in accordance with NFHS and WIAA guidelines in groups of no more than 10 students.
- There must be a minimum distance of 6 feet between each individual at all times.
- Multiple groups can utilize large spaces (e.g., gym) as long as proper social distancing protocols are followed.
- Locker rooms will not be utilized during Phase 1. Students must report to workouts in proper gear and immediately return home to shower at the end of the workout.
- Use of masks is at the discretion of the district and local policy.

Facilities Cleaning:

- Facility cleaning is the responsibility of the local school district.

Physical Activity and Athletic Equipment:

- Only school-issued athletic equipment is allowed for student use.
- There should be no shared athletic equipment (towels, clothing, shoes, or sports specific equipment) between students.
- All athletic equipment, including balls, should be cleaned after each use and prior to the next workout.
- Individual drills requiring the use of athletic equipment are permissible, but the equipment should be cleaned prior to use by the next individual.
- Free weight exercises that require a spotter cannot be conducted while honoring social distancing norms. Safety measures in all forms must be strictly enforced in the weight room.

Hydration:

- All students must bring their own water bottles. Water bottles may not be shared.
- Hydration stations (e.g., water fountains, etc.) may not be utilized.

Resources:

CDC Youth Sports Guidelines:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

CDC Guideline Infographic:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/Schools-Decision-Tree.pdf>

NFHS Guidelines:

https://www.nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15_2020-final.pdf

WIAA Summer Guidelines: [WIAA Guidance for Summer Activities Released June 18](#)

YOUTH ATHLETE & SCHOOL SPORTS COVID-19 DECISION MAKING CHART

The purpose of this chart is to assist Athletic Directors, school administrators and coaches in a shared decision-making process regarding the (re)opening of school sports and youth athlete opportunities in the Packerland Conference schools during the COVID-19 pandemic.

Should you consider (re)opening a school sport or youth athletic opportunities (i.e. practices, open gyms, weight training, etc.)?

Are your guidelines consistent with state and local requirements?

Are you able to follow social distancing guidelines of at least 6 feet between athletes and/or limit the number of athletes per square foot in any given space?

Are you able to group the athletes into the same, consistent pods of no more than 10?

Are you able to screen athletes and coaches upon arrival for symptoms and history of exposure?

Have you identified and are willing to protect coaches and/or athletes who would be at higher risk?

ANY NO



ALL YES

Are recommended health and safety actions in place?

Do all athletes have access to their own personal water bottles?

Does each facility used have the cleaning capacity and/or cleaning process in place for before and after organized events?

Can you assure all school issued equipment is properly sanitized before and after use, or encouragement the use of personal athletic equipment?

Are you willing to promote healthy hygiene practices such as hand washing and coaches wearing a cloth face covering (if feasible)?

Are all coaches and athletic staff trained on health and safety guidelines?

ANY NO



ALL YES

Is ongoing monitoring in place?

Do you have an athletic trainer and/or designated staff actively monitoring the daily signs and symptoms of athletes and coaches?

Are athletes who are identified as higher risk provided with alternative opportunities in order to participate?

Are you willing to encourage any athlete or coach who is sick to stay home?

Do you have a plan in place for athletes and coaches if they get sick?

Are you willing to regularly communicate and monitor developments with coaches, school administrator, Athletic Director, athletes and families regarding exposures and updates to guidelines and procedures?

ANY NO



ALL YES

OPEN AND MONITOR

